

PROGRAMAÇÃO DOS CONVERSATION CLUBS 2021/2

Professora	Data	Horário	Título / Tópico	Resumo
Elisa Mattos	29/11	12h	Burnout: why are we working ourselves to exhaustion?	<u>210 Million People Experience Burnout Worldwide</u> In this session, we will discuss burnout as a consequence of overworking. We will also come up with strategies to avoid working ourselves to a breaking point.
Pedro Malafaia	12/01	12h	The Great Resignation	According to Wikipedia, the Great Resignation is an “ongoing trend of employees voluntarily leaving their jobs, from spring 2021 to the present [...]”. We will discuss its causes and the profound changes it is bringing to the job market.