

Guidance for situations of risk

Federal University of Minas Gerais
Office of Foreign Affairs - DRI

This document aims to provide guidance that can guide you in times of risk or more complex challenges involving your safety and well-being. We confirm the University's support for combating all forms of violence, as well as supporting the victims. We emphasize the University's commitment to combating all forms of violence and are available to assist you.

Here you will find information on who and how to turn to in case of psychological and emotional difficulties, *bullying* and violence, racism and racial injury, sexual harassment and harassment, LGBTphobia, gender-based violence and domestic violence, and accidents or theft.

1. Mental health

1.1) If you are experiencing difficulties with your mental and emotional health, seek help. **Listening to Students in the Units**, contacts are available on the website: <https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/escuta-de-estudantes-nas-unidades/>;

1.2) You can also seek help from the *Pró-Reitoria de Assuntos Estudantis* (PRAE) through the website: <https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/>;

1.3) You can also get help by the *Centro de Atenção Psicossocial* (CAPs) which offers free psychological support, as part of the *Sistema Único de Saúde* (SUS). Get contacts at: <https://prefeitura.pbh.gov.br/saude/informacoes/atencao-a-saude/saude-mental/servicos-de-referencia-em-saude-mental>;

1.4) In case of suicidal ideation or acute crisis, call the *Centro de Valorização da Vida* (CVV) at phone number 188 and you will speak to a competent professional to help you.

2. Bullying and Cyberbullying

2.1) Article 146-A of the Brazilian Penal Code criminalizes practices of *bullying* and *cyberbullying*, therefore, it is possible to contact the *Polícia Militar (PM)* to file a police report. The procedure can be done virtually through the website: <https://delegaciavirtual.sids.mg.gov.br/sxgn/>, or in person at any police station.

2.2) Also seek help at:

- *Pró-Reitoria de Assuntos Estudantis (PRAE)*

<https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/>;

- Listening to Students in the Units:

<https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/escuta-de-estudantes-nas-unidades/>

3. Racism and Racial Injury

3.1) The [Law No. 7,716 of January 5, 1989](#) changed by [Law No. 14,532, of January 11, 2023](#), establishes racism and racial injury as non-bailable crimes in Brazil. Therefore, it is possible to file a police report. The procedure can be completed online through the website: <https://delegaciavirtual.sids.mg.gov.br/sxgn/>, or in person at any police station.

3.2) You can search for Black Coexistence Center (CCN) at the Faculty of Philosophy and Human Sciences (FAFICH), on the first floor, room 1058, in order to receive moral support from the community. You can also contact the Academic Directory (DA) of your unit or the Central Student Directory (DCE/UFMG).

3.3) Also seek help at:

- *Pró-Reitoria de Assuntos Estudantis (PRAE)*

<https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/>;

- Listening to Students in the Units:

<https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/escuta-de-estudantes-nas-unidades/>

4. Homophobia and Transphobia

4.1) Through the [Direct Action of Unconstitutionality by Omission \(ADO\) 26](#), of June 13, 2019, the Supreme Federal Court (Brazil's supreme court) equated acts of homophobia and transphobia with the crimes of racism and racial injury mentioned above. Thus, it is possible to file a Police Report (BO) with the *Polícia Militar* (PM), in person or through the website: <https://delegaciavirtual.sids.mg.gov.br/sxgn/>, alleging racism and/or racial injury for homophobic or transphobic attitudes.

4.2) If you are afraid or concerned about reporting through regular channels, you can contact a specialized police station:

- Specialized Police Station for the Repression of Crimes of Racism, Xenophobia, LGBTphobia and Related Intolerances (DECRIN)

Category: State agencies

Address: Av. Barbacena, 288 (3rd floor), Barro Preto, Belo Horizonte

Telephone: (31) 3330-5780 – Dr. Juliana Califf

4.3) You can seek support from the “Diverso UFMG” network, which seeks to welcome LGBTQIAPN+ people into the institution, whose website is:

<https://diversoufmfg.com/projetos/rede-de-apoio/>

4.4) You can also contact your unit's Academic Directory or the DCE/UFMG.

4.5) Other channels where you can request support:

- *Pró-Reitoria de Assuntos Estudantis* (PRAE)

<https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/>;

- Listening to Students in the Units:

<https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/escuta-de-estudantes-nas-unidades/>

5. Gender-Based Violence and Domestic Violence

5.1) A [LEI Nº 11.340, DE 7 DE AGOSTO DE 2006](#), also known as *Maria da Penha Law*, Criminalizes gender-based violence, especially domestic violence, and provides legal instruments to support victims and hold perpetrators accountable. It is worth noting that the law does not exclude trans women and therefore also protects them. **It's worth saying that the law also protects trans people.**

To ask for help or make a complaint, look for a police station, preferably the police station specialized in helping women, telephone: 180. By reporting the incident, you can file a police report (BO) and request a protective measure.

5.2) Also seek help at:

- *Pró-Reitoria de Assuntos Estudantis* (PRAE)
<https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/>;

- Listening to Students in the Units:

<https://www.ufmg.br/prae/setor-de-orientacao-e-acolhimento/escuta-de-estudantes-nas-unidades/>

5.3) You can seek help at *Tina Martins Reference House* which offers support and protection to victims of domestic violence. It is worth noting that it is an independent organization with no ties to UFMG or the Brazilian government.

Address: R. Paraíba, 641 - Santa Efigênia, Belo Horizonte - MG, 30130-140

Telephone: (31) 3658-9221

6. Theft, Robbery, Assault, Bodily Injury and others

Look for the nearest police station to file a police report (BO) or do so through the virtual police station website: <https://delegaciavirtual.sids.mg.gov.br/sxgn/>.

In case of injury or shock, go to the nearest UPA (Emergency Care Unit) and, if necessary, call an ambulance on: 192. You can also call the fire department on: 193.

7. Accidents

In case of injury or shock, go to the nearest UPA (Emergency Care Unit) and, if necessary, call an ambulance on: 192. You can also call the fire department on: 193.

8. We are also here to listen to you

Using the form below, you can contact the Office of Foreign Affairs (DRI) so we can support you in any crises or incidents. Rest assured, the content will be kept under proper discretion.

Attention: after completing the form, remember to immediately notify the DRI, or appear in person in room 100 on the first floor of the rectory annex, during opening time.

Form Link:

<https://forms.gle/c14yMirbfX56mDJy7>